

TRAINING SESSION & EVENT COMPETITION SCHEDULE
by Sport – High Level
Version: 3.0

Day 2

Training Day – Saturday, 22 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
	Time	Training	Group
	09:00-10:30	Training Session Allocation	12 Athletes – Javelin (Group 1, 2)
	10:30-12:00	Training Session Allocation	Group 1
	12:00-13:30	Training Session Allocation	Group 2
	15:00-16:30	Training Session Allocation	Group 3
	16:30-18:00	Training Session Allocation	Group 4
	18:00-19:30	Training Session Allocation	12 Athletes – Javelin (Group 3, 4)
	18:00-20:00	Free Training	All Teams
	18:30-19:30	Free Training with Starter	All Teams

Day 3

Competition Day – Sunday, 23 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
	Time	Competition	Competition Phase
	Session AT01	Start: 12:00 End: 14:00	
	12:00-14:00	DNA Mixed Team Match 1	Qualification Round
	Session AT02	Start: 14:20 End: 16:20	
	14:20-16:20	DNA Mixed Team Match 2	Qualification Round
	Session AT03	Start: 17:40 End: 19:40	
	17:40-19:40	DNA Mixed Team Match 3	Qualification Round
	Session AT04	Start: 20:00 End: 22:00	
	20:00-22:00	DNA Mixed Team Match 4	Qualification Round

Day 4

Training Day – Monday, 24 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
	Time	Training	Group
	08:30-10:00	Training Session Allocation	12 Athletes – Javelin (Group 3, 4)
	10:00-11:30	Training Session Allocation	Group 4
	11:30-13:00	Training Session Allocation	Group 3
	14:00-15:30	Training Session Allocation	Group 2
	15:30-17:00	Training Session Allocation	Group 1
	17:00-18:30	Training Session Allocation	12 Athletes – Javelin (Group 1, 2)
	19:00-20:30	Individual Events Medal Ceremonies Main Fan Zone, Sports Palace	

Day 5

Competition Day – Tuesday, 25 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
	Time	Training	
	08:30-10:00	Free Training – Javelin	6 SFs Qualified Athletes
	10:00-12:00	Free Training	6 SFs Qualified Teams
	Time	Competition	Competition Phase
Session AT01	Start: 14:20 End: 16:20		
14:20-16:20	DNA Mixed Team Match 1		Quarter Final
Session AT02	Start: 17:40 End: 19:40		
17:40-19:40	DNA Mixed Team Match 2		Quarter Final
Session AT03	Start: 20:00 End: 22:00		
20:00-22:00	DNA Mixed Team Match 3		Quarter Final

Day 6

Competition Day – Wednesday, 26 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
	Time	Training	
	08:30-10:00	Free Training – Javelin	12 SFs Qualified Athletes
	10:00-13:00	Free Training	12 SFs Qualified Teams
	Time	Competition	Competition Phase
Session AT01	Start: 17:40 End: 19:40		
17:40-19:40	DNA Mixed Team Match 1		Semi-Final
Session AT02	Start: 20:00 End: 22:00		
20:00-22:00	DNA Mixed Team Match 2		Semi-Final

Day 7

Training Day – Thursday, 27 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
	Time	Training	
	08:30-11:00	Free Training – Javelin	Final Qualified Athletes
	11:00-19:00	Free Training	Final Qualified Teams

Day 8

Competition Day – Friday, 28 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
	Time	Competition	
	08:30-10:00	Free Training – Javelin	Final Qualified Athletes
	10:00-14:00	Free Training	Final Qualified Teams
	Time	Competition	Competition Phase
Session AT01	Start: 18:00 End: 20:20		
18:00-20:00	DNA Mixed Team		Final
20:00-20:20			Medal Ceremony