

TRAINING SESSION & EVENT COMPETITION SCHEDULE
by Sport – High Level
Version: 4.0

Day 2

Training Day – Saturday, 22 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
Time	Training	Group	
09:00-10:30	Training Session Allocation	12 Athletes – Javelin CYP-GER-GRE-HUN-SUI-SVK-EST-FRA-ITA-ROU-RUS-SLO	
10:30-12:00	Training Session Allocation	CYP-GER-GRE-HUN-SUI-SVK	
12:00-13:30	Training Session Allocation	EST-FRA-ITA-ROU-RUS-SLO	
15:00-16:30	Training Session Allocation	BLR-CZE-IRL-LAT-LTU-POL	
16:30-18:00	Training Session Allocation	BUL-DEN-ESP-POR-TUR-UKR	
18:00-19:30	Training Session Allocation	12 Athletes – Javelin BLR-CZE-IRL-LAT-LTU-POL-BUL-DEN-ESP-POR-TUR-UKR	
18:00-20:00	Free Training		All Teams
18:30-19:30	Free Training with Starter		All Teams

Day 3

Competition Day – Sunday, 23 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
Time	Warm-Up		
10:00-22:00	Warm-Up	Competing Athletes	
Time	Competition		Competition Phase
Session AT01 12:00-14:00	Start: 12:00 End: 14:00 DNA Mixed Team Match 1 CYP-GER-GRE-HUN-SUI-SVK		Qualification Round
Session AT02 14:20-16:20	Start: 14:20 End: 16:20 DNA Mixed Team Match 2 EST-FRA-ITA-ROU-RUS-SLO		Qualification Round
Session AT03 17:40-19:40	Start: 17:40 End: 19:40 DNA Mixed Team Match 3 BLR-CZE-IRL-LAT-LTU-POL		Qualification Round
Session AT04 20:00-22:00	Start: 20:00 End: 22:00 DNA Mixed Team Match 4 BUL-DEN-ESP-POR-TUR-UKR		Qualification Round

Day 4

Training Day – Monday, 24 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
Time	Training	Group	
08:30-10:00	Training Session Allocation	12 Athletes – Javelin (Group 3, 4)	
10:00-11:30	Training Session Allocation	Group 4	
11:30-13:00	Training Session Allocation	Group 3	
14:00-15:30	Training Session Allocation	Group 2	
15:30-17:00	Training Session Allocation	Group 1	
17:00-18:30	Training Session Allocation	12 Athletes – Javelin (Group 1, 2)	
19:00-20:30	Individual Events Medal Ceremonies Main Fan Zone at Sport Palace		

Day 5

Competition Day – Tuesday, 25 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
Time	Training/Warm-Up		
08:30-10:00	Free Training – Javelin	6 SFs Qualified Athletes	
10:00-12:00	Free Training	6 SFs Qualified Teams	
12:20-22:00	Warm-Up	Competing Athletes	
Time	Competition		Competition Phase
Session AT01	Start: 14:20 End: 16:20		
14:20-16:20	DNA Mixed Team Match 1		Quarter Final
Session AT02	Start: 17:40 End: 19:40		
17:40-19:40	DNA Mixed Team Match 2		Quarter Final
Session AT03	Start: 20:00 End: 22:00		
20:00-22:00	DNA Mixed Team Match 3		Quarter Final

Day 6

Competition Day – Wednesday, 26 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
Time	Training/Warm-Up		
08:30-10:00	Free Training – Javelin	All Javelin Athletes	
10:00-13:00	Free Training	All Teams	
15:40-22:00	Warm-Up	Competing Athletes	
Time	Competition		Competition Phase
Session AT01	Start: 17:40 End: 19:40		
17:40-19:40	DNA Mixed Team Match 1		Semi-Final
Session AT02	Start: 20:00 End: 22:00		
20:00-22:00	DNA Mixed Team Match 2		Semi-Final

Day 7

Training Day – Thursday, 27 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
Time	Training		
08:30-11:00	Free Training – Javelin	All Javelin Athletes	
11:00-19:00	Free Training	All Teams	

Day 8

Competition Day – Friday, 28 June 2019

AT	Athletics	DINAMO Stadium Training Site	DINAMO Stadium FoP
Time	Training/Warm-Up		
08:30-10:00	Free Training – Javelin	All Javelin Athletes	
10:00-14:00	Free Training	All Teams	
16:00-20:00	Warm-Up	Competing Athletes	
Time	Competition		Competition Phase
Session AT01	Start: 18:00 End: 20:30		
18:00-20:00	DNA Mixed Team		Final
20:10-20:30			Medal Ceremony