

TIMETABLE

Saturday 21st September 2024 - Match 1 & 2

Match 1			
14:00	4x400m	X	Final
14:07	Shot Put	W	R1, 2&3
14:21	100m H	W	Final
14:25	Shot Put	W	Final
14:34	110m H	M	Final
14:39	Long Jump	M	R1, 2&3
14:56	800m	W	Final
15:01	Long Jump	M	Final
15:11	400m H	M	Final
15:15	High Jump	W	R1, 2&3
15:32	100m	W	Final
15:36	High Jump	W	Final
15:46	Javelin Throw	M	R1, 2&3
16:03	200m	M	Final
16:07	Javelin Throw	M	Final
16:18	The Hunt	X	Final
Match 2			
17:30	4x400m	X	Final
17:37	Shot Put	W	R1, 2&3
17:51	100m H	W	Final
17:55	Shot Put	W	Final
18:04	110m H	M	Final
18:09	Long Jump	M	R1, 2&3
18:26	800m	W	Final
18:31	Long Jump	M	Final
18:41	400m H	M	Final
18:45	High Jump	W	R1, 2&3
19:02	100m	W	Final
19:06	High Jump	W	Final
19:16	Javelin Throw	M	R1, 2&3
19:33	200m	M	Final
19:37	Javelin Throw	M	Final
19:48	The Hunt	X	Final

Sunday 22nd September 2024 - Final B & A

Final B			
14:00	4x400m	X	Final
14:07	Shot Put	W	R1, 2&3
14:21	100m H	W	Final
14:25	Shot Put	W	Final
14:34	110m H	M	Final
14:39	Long Jump	M	R1, 2&3
14:56	800m	W	Final
15:01	Long Jump	M	Final
15:11	400m H	M	Final
15:15	High Jump	W	R1, 2&3
15:32	100m	W	Final
15:36	High Jump	W	Final
15:46	Javelin Throw	M	R1, 2&3
16:03	200m	M	Final
16:07	Javelin Throw	M	Final
16:18	The Hunt	X	Final
Final A			
17:00	4x400m	X	Final
17:07	Shot Put	W	R1, 2&3
17:21	100m H	W	Final
17:25	Shot Put	W	Final
17:34	110m H	M	Final
17:39	Long Jump	M	R1, 2&3
17:56	800m	W	Final
18:01	Long Jump	M	Final
18:11	400m H	M	Final
18:15	High Jump	W	R1, 2&3
18:32	100m	W	Final
18:36	High Jump	W	Final
18:46	Javelin Throw	M	R1, 2&3
19:03	200m	M	Final
19:07	Javelin Throw	M	Final
19:18	The Hunt	X	Final