

# Team Manual

## DNA U20 Clubs

20-21 September 2025, Leiria/POR



As of 25 August

**DNA U20 Clubs**  
**20-21 September 2025**  
**Leiria/POR**

**1. General**

**Contact Local Organising Committee**

Filipe Brizida - [filipe.brizida@gmail.com](mailto:filipe.brizida@gmail.com), +351 967052923

**Contact Technical Delegate**

Frank O. Hamm (GER): [frank@fruch.de](mailto:frank@fruch.de), +49 171 6423224

**Contact Project Leader**

José Luis de Carlos: [joseluis.decarlos@european-athletics.org](mailto:joseluis.decarlos@european-athletics.org), +34 607 88 17 21

**Participating Teams**

<b>CZE</b> AK Škoda Plzeň	<b>ESP</b> Atletismo Alcorcon	<b>EST</b> SK Elite Sport
<b>FRA</b> Atlétisme Metz Métropole	<b>GBR</b> Blackheath & Bromley	<b>IRL</b> Ratoath AC
<b>ITA</b> Rieti 26	<b>POR</b> Juventude Vidigalense	<b>POR</b> Sporting Clube Portugal
<b>SUI</b> LG Oberthurgau		

**Stadium**

Dr. Magalhães Pessoa Stadium, Leiria, Portugal

**Key Deadlines**

09 September 2025, 14.00      Final entries by excel: [joseluis.decarlos@european-athletics.org](mailto:joseluis.decarlos@european-athletics.org)

10 September 2025, 14:00      Hotel rooming list to [joseluis.decarlos@european-athletics.org](mailto:joseluis.decarlos@european-athletics.org)

12 September 2025, 17:00 (TBC)      Online Technical Briefing (Invitation to follow)

18 September 2025, 16:00      Final confirmation for Qualification Matches  
Final update of PBs

20 September 2025, 09:00      Guided tour in the Stadium & Final Technical Briefing in the Stadium

20 September 2025      Submission of personal implements – until 1hr 30min before start of the competition of each match.

**20 September 2025, 14:00**      **DNA Qualification Match 1, Stadium**

**20 September 2025, 17:15**      **DNA Qualification Match 2, Stadium**

20 September 2025, 21:00      Final confirmation for Finals

**21 September 2025, 14:00**      **DNA Final B, Stadium**

**21 September 2025, 17:15**      **DNA Final A, Stadium**

## 2. TRAVEL & ACCOMMODATION

### 2.1 Arrivals

#### Travel

Teams are requested to arrange and pay for their travel to Lisbon/POR to arrive on 19 September 2025 and depart on 22 September 2025.

The official airport for the Event is Lisbon Airport (LIS) located around 141 km from Leiria and transport by bus will be around 1 h 30 min.

Airport transfers from official airport will be arranged and paid by the LOC.

#### Insurance

Teams are responsible for taking out their insurance to cover the risk of illness or injury of any team member when traveling to and from the event and during the event itself. Please take the necessary steps to fulfil these requirements well in advance.

### 2.2 Accommodation and Meals

All teams will be accommodated in the following hotels:

a) Eurosol Jardim. R.D.José Alves Correia Da Silva , Leiria

[Eurosol Jardim](#)

b) Eurosol Residence. Rua Comissão da Iniciativa 13, Leiria

[Eurosol Residence](#)

c) Dom Dinis Hotel Rua de Tomar, nº 3 , Leiria

[Dom Dinis Hotel](#)

#### Meals schedules.

Breakfast – It will be at the hotel where each team is accommodated from 7:30 to 9:30

Competition days (20/21 September) for all Teams Lunch and Dinner will be served at Dr. Magalhães Pessoa Stadium the exact location you can find it on the Team Manual page 21 on the map showing the facility can be seen as Catering marked as 1. The Teams should enter by Gate 2.

Lunch - from 11:00 to 15:00

Dinner – from 19:30 to 21:30

We kindly ask all teams if these mealtimes during competition days are suitable for your athletes, if there are any dietary restrictions and in case you suggest any change, please inform us before 30 August to study the possibility to adapt it.

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For previous days and according to final arrival times, teams will be informed where they will have meals and at what time.

Teams will be informed if there is any change to the schedules hereunder.

#### Accommodation Costs

Teams are to cover their full board accommodation at the following rates:

- 80€ full board per person/night in triple
- 85€ full board per person/night in twin
- 100€ full board per person/night in single (subject to availability)

#### Payment Procedures

The accommodation invoice will be sent to each Club detailing the amount they owe after the Final Entries. Each Club must pay the amount by bank transfer before arrival to the account that is indicated on the final invoice, until 16 September 2025.

Note: A copy of the bank transfer will be required on arrival.

#### Rooming List

Teams are to provide their rooming list by 9 September 2025 to the LOC. In the absence of such indication, the LOC will allocate the rooming accordingly.

Rooms for meetings and additional rooms for physio are at the cost of the teams, and based on availability. These are to be requested to the LOC as early as possible.

#### 2.3 Accreditation

The Teams' Accreditation Centre (TAC) will be located at the Eurosol Jardim Hotel for all teams. Each team member will receive an accreditation card, which must be always worn and should be clearly visible. The accreditation is not transferable. Photos are not required for the accreditation card system.

The Team Leader shall report to the TAC as soon as possible after his/her arrival, to carry out the administrative procedures.

The opening dates and times of the Teams' Accreditation Centre will be available in due course.

The Team Leader will be asked to complete the following formalities before he/she can collect the accreditation for the whole team:

- LOC additional accommodation invoice
- Kit check
- Collection of competition related forms and information
- Confirmation of departure details

## 2.4 Access Areas for Teams and Special Passes

All team accreditations will allow access to the team seating area, warm-up area, changing facilities, and physiotherapy area. Coaches will be allowed to enter the FOP during each field event and they should report to the Call Room with their athlete, to be escorted to the coaching zone. One Team Leader or Coach per athlete would be allowed to enter the FOP.

During the final event in each match (The Hunt) the team members (athletes and officials) are welcome to enter in the FOP to support and cheer on their team. The entry point will be communicated during the guided stadium tour.

## 2.5. Transportation

Transport by bus will be provided from the official airport (Lisbon LIS) to the hotels and back. Departure details will be confirmed by each Team Leader to the LOC by 12 September.

LOC will help the teams that wish to arrive to other airports, but they will be at their own cost. Please contact LOC (see point 1) in case you need some assistance.

## 3. Technical Information

### Technical Information Centre (TIC)

The TIC is located at the Dr. Magalhães Pessoa Stadium.

### Team Leaders' WhatsApp Group

A WhatsApp group including all Team Leaders will be created after the Technical Briefing, to offer an additional platform to address instant messages and announcements. Major information of interest for all will be communicated to the teams by the TIC/ via this group. All teams are requested to provide the Team Leaders mobile number in due time to the Project Leader (José Luis de Carlos).

Organisation kindly asks the Team Leaders to use this group only for questions or concerns of the interest of all teams. For the questions and concerns of his/her team only, a Team Leader is encouraged to use other means of communication with the European Athletics and the LOC.

### Technical Briefing

The Technical Briefing will be held on Saturday 20 September 2025 (TBC), 09h30, in Hotel Eurosol Jardim. The Briefing will include Q&A session.

A stadium tour for the teams to familiarize themselves with the facilities and to provide the latest updates will be held on Saturday, 20 September 2025 at 09:00

### Age Category

Only athletes aged at least 16 years and no more than 19 years on 31 December 2025 may participate in this event.

### Entries

The teams are to provide their full list of their participating athletes and officials by 09 September 2025 latest at 14:00.

### Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will take part in the competition. The procedure will be communicated in due time. Confirmation of athletes will not be accepted after the deadline, which is on the day before each match (see Key Deadlines).

PBs shall be updated latest at that time, too.

### Relays Declaration

The composition of each relay team as well as the order of running shall be officially declared at the TIC, no later than two (2) hours before the published first call time for the respective match.

### Uniform

Teams must compete in the team vest approved by European Athletics. All athletes must compete in the same uniform. Teams composed of different clubs must ensure that the athletes wear the respective club team vests for the competition.

### Bibs

Bibs with Team's names (only one word) will be provided. Please send to [joseluis.decarlos@european-athletics.org](mailto:joseluis.decarlos@european-athletics.org) the name of your team until 1 September 2025 (14:00).

### Implements

The official implements (javelin 800gr and shot 4kg) will be provided by LOC and are listed on appendix

3. Personal Implements shall be allowed provided that:

- They are readily identifiable and are World Athletics certified.
- They have been checked for compliance with World Athletics Rules.
- They are made available to all the other competitors.

Submission of personal implements – until 1:30 before start of the competition of each match at the TIC. Any implement that fails to satisfy the criteria mentioned above will be rejected, with the reason noted on the form and the relevant Athlete or Coach notified via the TIC.

### Markers

Athletes will not be permitted to use their own markers during the Matches. Those athletes wishing to use a marker will be required to use the markers provided by the LOC at the event site. The number of markers per athlete is limited to two (including the tape markers in the High Jump). Relevant officials will also provide adhesive tape for the relay runners at the track.

## 4. COMPETITION VENUE & TRAINING

### Competition Venue

The DNA U20 Club Matches will be held in the Dr. Magalhães Pessoa Stadium.

### Official training at the competition venue

Official training for all athletes at the stadium will take place on Friday 19 September 2025, 16:00-18:00. JT/SP training will be 16:00-17:00.

## 5. COMPETITION FORMAT & SCORING

### 5.1 General

The event will comprise four 2.5-hour matches:

- Saturday (20 Sep): two semi-finals (top 3 to Final A, bottom 3 to Final B).
- Sunday (21 Sep): Final B followed by Final A.

Six club teams will compete in each 12-discipline match.

Twelve teams of 18 athletes (9 men/9 women) each, plus reserves as decided by the participating clubs.

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In case of less than 12 teams participating some changes will be made to the composition of the two matches and also to the event format especially in the field events. However, the general principle and scoring won't change. Information about all such changes will be made available to all teams latest during the Online Technical Briefing.

The draw for the composition of the A and B matches on Saturday, September 20 will be made by the Technical Delegate, once the final registrations of all teams have been received and the result will be communicated to the participating teams.

### Disciplines

The competition is to include 12 disciplines as follows:

<b>Races</b> (all finals)	<b>Jumps &amp; Throws</b> (all head-to-head competition)
100m women	Long Jump Men
200m men	High Jump Women
100m/110m hurdles women & men	Shot Put Women
800m women	Javelin Throw Men
400m hurdles men	
X 4x400 relay: 2 men, 2 women	
The Hunt: 600m women-400m men-200m women-800m men	
Total of 18 athletes to compete (9 women and 9 men)	

### Team Composition

As per the disciplines above, each team is to have one athlete in each individual event and one relay team for 4x400m X relay and for the Hunt (600m/400m/200m/800m).

Final entries: the teams are to provide the names for the main team (9+9) plus the reserves. As many as needed reserves could be entered. Meaning no limits. But it should be clearly indicated which ones are to travel and which ones are 'non-travelling' for accommodation and invoices planning purposes.

There is no limit of disciplines one athlete can compete in. Meaning, a single athlete can compete in as many events as entered.

Final confirmations on site will be different for each Match (Day 1 separately from Day 2). Any athletes from the list of 9 + 9 and reserve athletes could be confirmed during final confirmations. Meaning, there could be differences from Day 1 to Day 2, if team decides so.

If late injury happens (after the final confirmation but before the first call times of the discipline), the substitution with a reserve or any athlete from the main team is possible. But the injury must be confirmed by the appointed medical officer and done before the first call times.

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#### Scoring

The competition is a match of six (6) teams. The winner of each individual event and relay shall score 12 points, second placed 10 points, third placed 8 points, fourth placed 6 points, fifth placed 4 points and sixth placed 2 points. Athletes or relay teams with no valid performance, disqualified or not finishing shall not score.

If two or more athletes or relay teams tie for a place in any individual event or relay, the relevant points shall be divided equally between them (including in the field events, if two athletes in the final head-to-head round have no valid results).

After eleven (11) events, the team scoring will determine the starting positions of the last (i.e. twelfth) event – The Hunt.

The winner of the last race (The Hunt) is the overall winner of the match (i.e. the last event determines the winner of the competition). The second placed team will be second in the final classification, and so on. The teams with no valid performance in the Hunt (e.g. disqualified or not finishing) will be classified in the final standing of the match according to their standing before the Hunt (i.e. after eleven (11) events), but behind the teams who finished the race.

In case of a tie in the Hunt the actual times recorded by the teams to .001 second shall be considered to break the tie, if the tie remains the teams concerned share the position, including the winner.

#### Qualification and Final Match

The top 3 teams of each qualification match on 20 September will advance to the Final A on 21 September.

The bottom 3 teams of each qualification match on 20 September will advance to the Final B on 21 September.

After the final matches on 21 September, an overall ranking of all 12 teams will be created.

#### Call Room

The Call Room is located near the warm-up area. There will be a pre-call area in the warm-up from where the participating athletes would be escorted to the Call Room. The reporting times to the Call Room will be provided to the Teams in due time.

#### Victory Ceremony

Will be announced during the Technical Briefing.

#### 5.2 Track Events Format

##### The Hunt

The Hunt (i.e. pursuit race) is a medley relay of the following distances and order: 600m–400m–200m–800m. Each team is to have two female and two male athletes with the following distribution:- 600m (women) - 400m (men) – 200m (women) - 800m (men)

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The starting positions and the distance gaps between the teams, if any, are determined by the teams score/standing after eleven (11) events of the match. Each point difference between the teams in the team standing translates into 0.33 seconds of distance gap for the start of the Hunt race.

The standard 800m start in individual lanes will be used for the start of the 1st leg of the Hunt (i.e. 600m). The breaking line of 800m will be used. The leading team after eleven (11) events starts from the 800m start line of the most inner lane used, second team from the next lane, etc. In case teams are equal in score/standing after eleven (11) events, the teams start at their individual lanes at the same time.

In case of an early start, the race will not be aborted, and the respective team(s) will be disqualified after the race in case of a significant advantage

Ribbon handover procedures as per WA Rules (i.e. takeover zone is 20m). For the waiting athletes of second and third/final leg, WA Rule 48.4 shall be applied.

Individual devices (lights and/or gates) will be used to indicate to each team its starting time.

#### X Relay 4x400m

Each team is to be composed of two men and two women. The running order is decided by the Team.

The team composition is to be announced by the time of final declaration, including the first leg runner. The running order for 2nd, 3rd and 4th leg can be changed during the race. To facilitate the process, one Team Leader or Coach per Team would be allowed to be in the special zone close to the relay athletes close to the competition area. Notwithstanding the afore mentioned procedure WA Rule 48.4 shall be strictly applied.

#### 5.3 Field Events Format

Field events will be based on the head-to-head system. The athletes will be divided into two groups: 3 athletes in each group (Group A & Group B). The distribution of athletes will be done by European Athletics (see under Lane and Starting Order).

Each field event will consist of two stages: "group stage" and "final stage".

Stage	Round	Group A	Group B
"Group Stage"	1	A1 vs A2	B1 vs B2
	2	A2 vs A3	B2 vs B3
	3	A3 vs A1	B3 vs B1
"Final Stage"	5 <sup>th</sup> place	3 <sup>rd</sup> Group A vs 3 <sup>rd</sup> Group B *	
	3 <sup>rd</sup> place	2 <sup>nd</sup> Group A vs 2 <sup>nd</sup> Group B *	
	1 <sup>st</sup> place	1 <sup>st</sup> Group A vs 1 <sup>st</sup> Group B *	

In the "group stage" each athlete will compete in two duels against two other athletes in his/her group. For the win in each duel an athlete gets 3 "spikes", 1 "spike" for a tie and 0 for lost or foul.

In case that in such a duel for whatever reason there's only one athlete present, the athlete will get 3 "spikes" in case of a valid attempt and 0 for a foul.

After "group stage" is over athletes in each group (separately in Group A & Group B) will be ranked based on number of "spikes" collected in "group stage". In case of any ties between two or three

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athletes after "group stage", the standing in each group is decided by the best performance. If the tie remains the second-best result is to be considered. If the tie remains it is to be broken by the Referee's draw.

*Note: Spike is a term used to determine the positions of athletes after the initial stage of the competition in the field events (two attempts for each athlete).*

In case of two or three athletes in a group would not have any valid attempt after two jumps/throws, their standing will be decided by a draw to be conducted by the relevant Referee. Thereafter, the composition of final 'duels' will be done:

- 3<sup>rd</sup> ranked in each group athletes will have a duel against each other for 5<sup>th</sup> place,
- 2<sup>nd</sup> ranked in each group athletes will have a duel against each other for 3<sup>rd</sup> place,
- 1<sup>st</sup> ranked in each group athletes will have a duel against each other for 1<sup>st</sup> place.

The final standing of the athletes determines the points to be received by each team as for any other individual event. However, if an athlete doesn't have any valid attempt from the "group stage" and the "final stage", i.e. 3 invalid attempts, the respective team will receive 0 points for the respective event.

*Note: In case e.g. one athlete with no mark from the group stage is competing for 3<sup>rd</sup> place (and has no mark in his final attempt, too) and two more with no mark from the group stage are competing for 5<sup>th</sup> place those will still be ranked on 5<sup>th</sup> and 6<sup>th</sup> place and the 4<sup>th</sup> place (and points) is vacant.*

Each athlete will jump once 1st, once 2nd in the group stages. In the final stage the group stage performance will decide the order: better performer jumps/throws 2<sup>nd</sup>.

### High Jump features

In the High Jump, there are no pre-defined starting heights and progression. Each athlete decides about the height before each round without knowing the height of the competitor (meaning, before each jump he/she indicates in a special form the height he/she will jump while having "duel" with another competitor).

The referee collects the heights ordered by two athletes and then announces them before the jumps of the head-to-head format starts. The procedure of deciding the heights is repeated before each 'duel'. The athlete with lower height ordered always jumps first. In case the same height is ordered by both athletes, the order of the start list will be used.

### Long Jump, Javelin Throw and Shot-Put features

For the final head-to-head attempts in long jump, javelin throw and shot put, the jumping /throwing order (i.e. who jumps/throws last in each head-to-head 'duel') will be determined by the best result in the "group stage" (second best result if the best results are equal). In case the tie remains a draw to be conducted by the Referee to determine the order of attempts.

### 5.4 Specific regulations

#### Lane and Starting Order

Lane and starting order will be done by draw by the Technical Delegate and provided to the teams in due time.

The distribution of athletes in groups during qualification/initial round of the field events is to be done by the Technical Delegate based on the personal bests of competing athletes and using the zigzag distribution.

### Disqualification

Any disqualification of an athlete should only happen in case of a significant advantage gotten out of the infringement. The decision what's significant is taken by the respective Referee in the sense of World Athletics Technical Rules and the DNA concept.

### Protests

Any protest shall be made orally to the relevant (World Athletics) Referee in the infield by an athlete or someone acting on behalf of an athlete, during the event or immediately after the event. The decision of the Referee will be final, and no further appeals will be allowed. Video Recording and Control System will be used extensively to support immediate decisions by the Referee. In case of doubt, especially regarding the specific DNA format, the Referee might seek advice from the Technical Delegate(s).

### Coaches and Teams Areas

To facilitate communication between team members and encourage teams support and engagement, there will be designated team zone on the stands. In addition, there will be designated zones, inside the competition area, for the coaches of field events and for 4x400m X Relay. Special coach stewards will bring the coaches (one coach per team for field events and relays) to the specific coaching zone.

### Electronic devices

The use of electronic devices, specifically for social media activities, is strongly supported and suitable devices are allowed to be brought and used infield by athletes and coaches.

## 6. Medical Services & Doping control

### 6.1 Medical Services

The LOC medical service oversees any medical assistance to all accredited guests (Teams, LOC and EA personnel) as well as, during the competition, to the spectators in the stadium.

In case of emergency, please use the local number 112.

### 6.2 Doping Controls

#### General Information

Doping controls will be conducted in accordance with World Athletics Anti-Doping Rules and Regulations and WADA code in force. The controls will be done under the supervision of the Technical Delegate. Both urine and blood samples may be collected immediately before, and during the event.

Athletes selected for doping control will be informed (notified) and accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the Doping Control Station (DCS). The athletes can be accompanied to the DCS by an accredited team representative of their choice and should report immediately to the DCS unless there are valid reasons for delay.

Athletes will be requested to present a valid ID card (with picture) for identification purpose. Athletes are reminded that refusal to provide a sample result in liable to disqualification and may result in further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the event.

### **Selection of Athletes**

The selection of athletes for control will be made on a random basis under the supervision of the Technical Delegate. In addition, all athletes setting World or European records must report to the DCS to provide a sample. Failure to provide a sample will result in the record not being ratified.

### **Additional Controls**

Athletes requiring doping control (e.g. for national record) may request to be tested by reporting to the TIC, where a "Doping Control Request Form" should be completed. They will then be escorted to the Doping Control Station. The cost of this control (including the sample collection material and requested analysis) has to be paid on site by the Club.

## 7. APPENDICES

### Appendix 1 – Timetable & Infield Layout

<b>Saturday 20th September 2025 - Match 1</b>		
14:00	4x400	X Final
14:07	Shot Put	W R1, 2 and 3
14:21	100m H	W Final
14:25	Shot Put	W Final
14:34	110m H	M Final
14:39	Long Jump	M R1, 2 and 3
14:56	800m	W Final
15:01	Long Jump	M Final
15:11	400m H	M Final
15:15	High Jump	W R1, 2 and 3
15:32	100m	W Final
15:36	High Jump	W Final
15:46	Javelin Throw	M R1, 2 and 3
16:03	200m	M Final
16:07	Javelin Throw	M Final
16:18	The Hunt	X Final

<b>Saturday 20th September 2025 - Match 2</b>		
17:15	4x400	X Final
17:22	Shot Put	W R1, 2&3
17:33	100m H	W Final
17:40	Shot Put	W Final
17:49	110m H	M Final
17:54	Long Jump	M R1, 2&3
18:11	800m	W Final
18:16	Long Jump	M Final
18:26	400m H	M Final
18:30	High Jump	W R1, 2&3
18:47	100m	W Final
18:51	High Jump	W Final
19:01	Javelin Throw	M R1, 2&3
19:18	200m	M Final
19:22	Javelin Throw	M Final
19:33	The Hunt	X Final

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**Sunday 21st September 2025 -Final B**

14:00	4x400	X	Final
14:07	Shot Put	W	R1, 2 and 3
14:21	100m H	W	Final
14:25	Shot Put	W	Final
14:34	110m H	M	Final
14:39	Long Jump	M	R1, 2 and 3
14:56	800m	W	Final
15:01	Long Jump	M	Final
15:11	400m H	M	Final
15:15	High Jump	W	R1, 2 and 3
15:32	100m	W	Final
15:36	High Jump	W	Final
15:46	Javelin Throw	M	R1, 2 and 3
16:03	200m	M	Final
16:07	Javelin Throw	M	Final
16:18	The Hunt	X	Final

**Sunday 21st September 2025 -Final A**

17:15	4x400	X	Final
17:22	Shot Put	W	R1, 2&3
17:33	100m H	W	Final
17:40	Shot Put	W	Final
17:49	110m H	M	Final
17:54	Long Jump	M	R1, 2&3
18:11	800m	W	Final
18:16	Long Jump	M	Final
18:26	400m H	M	Final
18:30	High Jump	W	R1, 2&3
18:47	100m	W	Final
18:51	High Jump	W	Final
19:01	Javelin Throw	M	R1, 2&3
19:18	200m	M	Final
19:22	Javelin Throw	M	Final
19:33	The Hunt	X	Final
19:50	Medal Ceremony		

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**Appendix 2 Lane Draw**

			Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
<b>4x400m</b>	<b>X</b>	<b>Final</b>	A	B	C	D	E	F
<b>100m H</b>	<b>W</b>	<b>Final</b>	B	C	D	E	F	A
<b>110m H</b>	<b>M</b>	<b>Final</b>	C	D	E	F	A	B
<b>800m</b>	<b>W</b>	<b>Final</b>	D	E	F	A	B	C
<b>400m H</b>	<b>M</b>	<b>Final</b>	E	F	A	B	C	D
<b>100m</b>	<b>W</b>	<b>Final</b>	F	A	B	C	D	E
<b>200m</b>	<b>M</b>	<b>Final</b>	A	B	C	D	E	F
<b>The Hunt</b>	<b>X</b>	<b>Final</b>	X	X	X	X	X	X

### Appendix 3 Competition Implements

IMPLEMENT	MANUFACTURER	MODEL	COLOUR	CERTIFICATION
Javelin (800g)	Anand Track & Field Equipment	Aero Superb 80, Aluminium	White Blue	I-15-0733
Javelin (800g)	Nemeth Javel-Inn	Classic 85m 800g, Aluminium	Violet/yellow/magenta, violet cord	I-09-0429
Javelin (800g)	Nordic	Super Elite 800, steel, 90m	Black/white, red cord	I-99-0020
Javelin (800g)	Polanik	Competition Carbon Premium Line 2019, carbon	Black, red cord	I-20-1011
Javelin (800g)	Polanik	Competition Space Master 800, cigar head, aluminium	Electric lime transparent	I-13-0656
Shot Put (4kg)	Anand Track & Field Equipment	ATE Aspero, dia: 109 mm	Dark Brown	I-05-0321
Shot Put (4kg)	Nelco	Turned iron, dia: 104 mm	Black Yellow	I-99-0137
Shot Put (4kg)	Nelco	KIN-O-MAX 4.00K Ductil Iron/ 105MM	Black Yellow	I-19-0954
Shot Put (4kg)	Polanik	Turned stainless steel, Competition, dia: 105 mm	Metallic	I-00-0232
Shot Put (4kg)	Polanik	Old school by Tomasz Majewski, 4kg, Turned steel, dia: 110mm	Various	I-18-0930
Shot Put (4kg)	Polanik	Turned steel, Competition, dia: 110mm	Various	I-12-0581

### Appendix 4 – Social Media and Promotion

Social Media Hashtags

#AtheleticsWithAttitude

#DNALeiria

**Website**

[www.dna.run](http://www.dna.run)

**Appendix 5 – Hotel and Competition Venue Maps**

**Hotels in Leiria**

**Dr. Magalhães  
Pessoa Stadium**

<https://maps.app.goo.gl/RKSuHLoCbNpP5ZAX8>

**Eurosol Residence Hotel**

<https://maps.app.goo.gl/Lp6oV5Feg1VeAogo7>



**Eurosol Jardim Hotel**

<https://maps.app.goo.gl/LK7Ft2TJht7fXdbv5>

**D. Dinis Hotel**

<https://maps.app.goo.gl/HRMmgKMgJuoisis489>

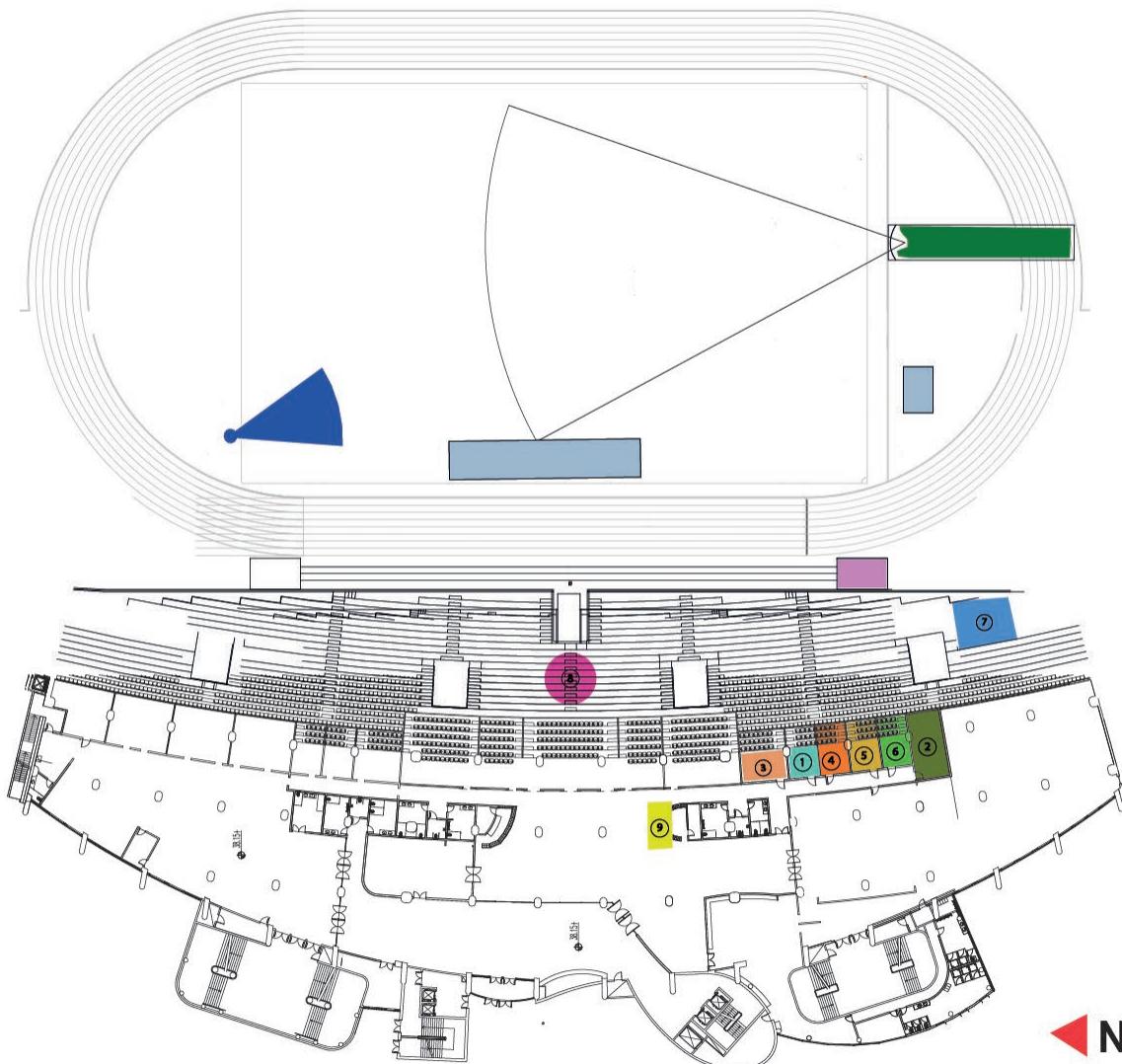
**Dr. Magalhães Pessoa Stadium**



**East - Floor -1**



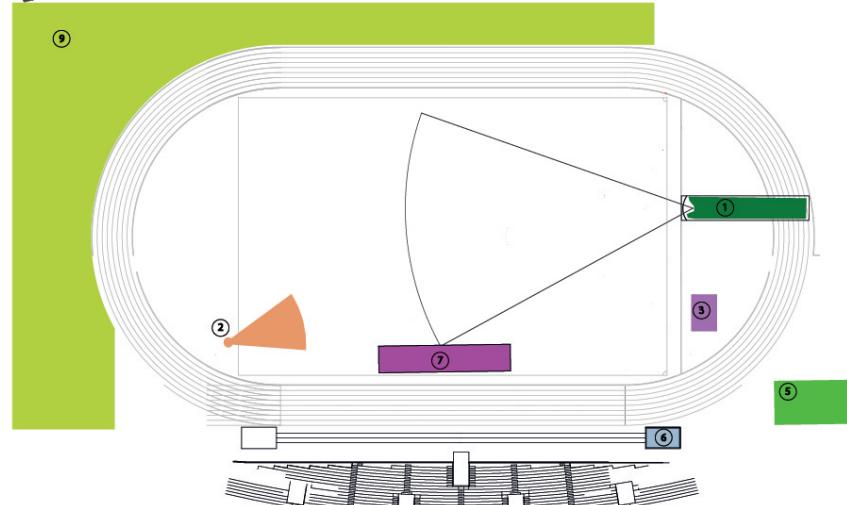
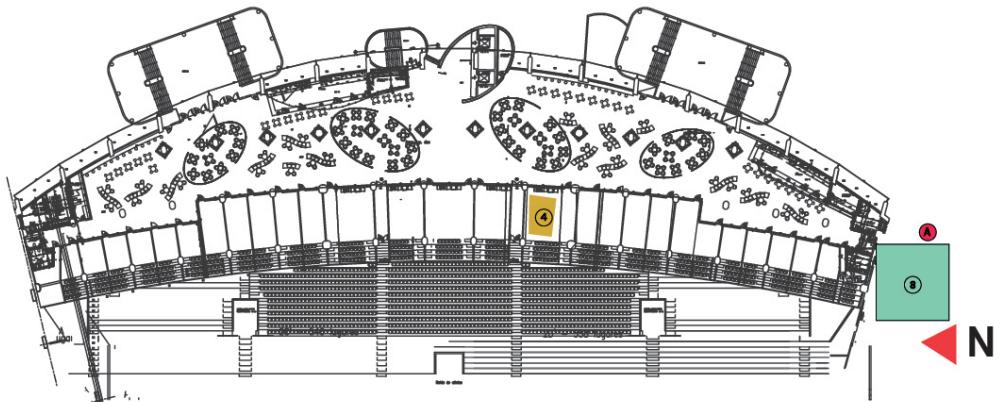
**Poente - Piso 1**  
West - Floor 1



**KEY**

①	Live Streaming Room	⑥	Competition Management Room
②	Photo Finish - Automatic Timing Room	⑦	Media Tribune
③	Event Presentation Room	⑧	Public and Athletes' Stand
④	Jury of Appeal/ Video Referee Room	⑨	VIP Area
⑤	EA Technical Delegate Room		

**East - Floor 1**

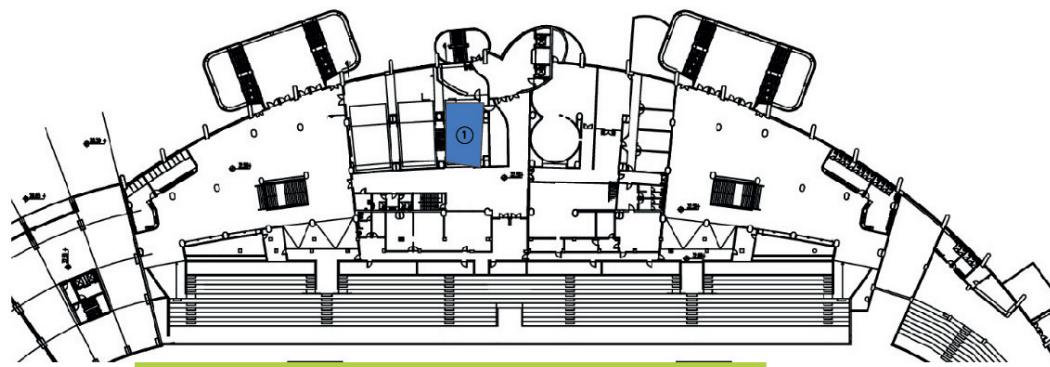


Entrance  
Teams  
GATE 6

**KEY**

①	Javelin Throw
②	Shot Put
③	High Jump
④	TIC
⑤	Mixed Zone / Kit Collection Area
⑥	Long jump
⑦	Victory Ceremony Area
⑧	Call Room
⑨	Warm-up Area
A	Ambulance

**East - Floor 0**



KEY



Restaurant Area

Entrance  
Teams  
GATE 6